

# July 2020 Update



Before returning to work, please ensure you comply with Government, NHS and Local Government Environmental Health & Safety Regulations and Guidance and have your Insurers consent & definitions.

Acupuncture only. Bodyworkers have not yet been approved to start work due to difficulties with distancing, this includes Cosmetic, Auricular, Scalp or Facial Acupuncture, also Gua Sha, Cupping, or any type of Massage is prohibited until further notice.

Summary Advice from Government:

- Check with your Local Council as every Council treats Acupuncturists differently.
- Check with your Insurance to make sure you are covered.
- Carry out Risk Assessment – [tools available here](#)
- Wear PPE:
  - o Face Mask - Disposable
  - o Visor which extends below the chin – Clean after every client
  - o Gloves - Disposable
  - o Apron – Disposable
- No cloth covers on treatment tables – sanitise after every client
- Face Hole coverings, disposable or 1 per client, wash after use.
- Clients should wear face masks
- Provide & encourage clients to use hand sanitiser as they enter the premises
- Operate an appointment only system and keep clients to 1 at a time to maintain social distancing
- Allow sufficient time between appointments to clean & sanitise everything
  - o Usual equipment
  - o Also include door handles, taps, light switches, stair banister rails and other commonly touched utilities.

Use suitable sanitising and cleaning agents with antiviral/antibacterial properties.

- Minimise the amount of time spent within 2m. Less than 15 mins.
- COVID-19 Screening Questions for every client:
  - o Have you had a recent onset of new continuous cough?
  - o Do you have a high temperature?
  - o Have you noticed a loss of, or change in, normal sense of taste or smell?

If the Client has had any of these symptoms, however mild, they should stay at home and reschedule.

- Client Toilets, clean regularly between clients – [Please see Govt Link Section 2.2 for more details](#)
- Wash reusables at a minimum temperature of 60 degrees.
- Vulnerable Clients with underlying health conditions should not be treated unless they have a specific western medical referral.
- A medical diagnosis should be obtained and it should be for pain relief or part of a medical programme.

[Close Contact Services Guide on Government website](#)